



The Barnabas Mission

Enabling Relationships Function according to God's original design

Keeping Strong Family Ties In Times like these

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Keeping Strong Family Ties

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Q & A - Interaction

- Q & A
- Closing Remarks

Times like these

- Unprecedented PH disruption
- The disruption impacted families and relationships



21,800,000

Individuals or families disrupted by PH Pandemic

21,800,000
Confirmed Cases

13,900,000
Recovered

772,000
Deaths

WHO Global Covid-19 Dashboard @18/08/2020

Impacts of the disruption on families and relationships

Financial Hardship

Loss of employment and means of livelihood inflict financial hardship on individuals and families

Domestic Violence

Increase in cases of Sexual Exploitation, Physical Abuse and intimate partner violence

Social Isolation

Absence of social interactions and contacts with family, friends triggers physical and psychological issues

Types of Family

A family is a group of people who are related by blood or by law

1. Nuclear Family
2. Extended Family
3. Single Parent
4. Childless Family
5. Stepfamily
6. Grandparents Family



Single Child



Family with 2 Children



Big Family



Childlessness



Stepfather



Stepmother



Guardian



Adoption



Single Father



Single Mother



Orphan

Family Ties or Bond

Families provide benefits to an individuals' physical, emotional, and mental health.

Family support is like a social system that influences personal well-being. Strong family ties or bond encourage happy relationships in adults, better behaviour in children, improve academic performance, strengthened parent-child communication, and teaches children how to be a good friend.



1. Family Bond Destructive Forces

A family is meant to be bound by love and everything good. Bond destructive forces are things that could break the family bond.

Family Bond Destructive Forces

Lack of Care

Lack of Inclusion

Greed and Selfishness

Failure to accept Differences

Insults, abusive and negative statements



2. Family Bond Building Forces

A family is meant to be bound by love and everything good. Bond building forces are things that could foster the family bond.

Family Bond Builders

Share financial burdens

Spend quality time together

Share fear, anxiety & concerns

Forgive mistakes more than normal times

Care for the sick members and show practical love

Avoid things that can escalate existing family issues

Connect regularly for virtual prayer meetings, bible studies

Be honest, open, and free to discuss issues with the aim of

Helping one another

It's a time for creativity and bonding activities!

Family Tree

Build Family tree together
as a family

Family Motto

Create a family Motto to
define family values

Book Study

Do book study to share
learning

Family Plan

Create post-pandemic plans for
family

Business Plan Review

Jointly review business plans
for family members

Games and Sports

Do sports and play games
together as a family

Thanks!

Does anyone have any questions?

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Who we are & What we do

The Barnabas Mission, also known as TBM, is a not-for-profit and non-governmental organisation. Our mission is to enable individuals and families to enjoy blissful relationships, and function according to God's original intent and design.

Our major services are:

- Pre-marital counselling for intending couples
- Couple and Family relationship counselling
- Relationship/Marriage Health Check
- Outreach on relationship and marriage to churches, tertiary institutions of learnings, youth organizations like the NYSC; and as many that invite us.

Here's how you can be a part of our work

Partner with us:

- As an individual willing to give your time, resources or skills
- As a volunteer counsellor or counsellor in training
- As a financial contributor
- As a networking partner
- As a Church
- As a Christian organization or fellowship
- As a media house
- As a faith-based organization
- As a governmental organization
- As a non-governmental organization

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Our Board of Trustees

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Couple & Family Counselling
Family Wellness and Parenting

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With Compliments